



UNIVERSITÀ DI PISA

Centro Interdipartimentale di Neuroscienze
e Scuola di Ingegneria

Ore 16.00

Geshe Jamyang Tashi

Monastero di Thiksey – Ladakh

“La Coscienza nel Buddismo Tibetano”

Ore 17.15

Proiezione del Docufilm

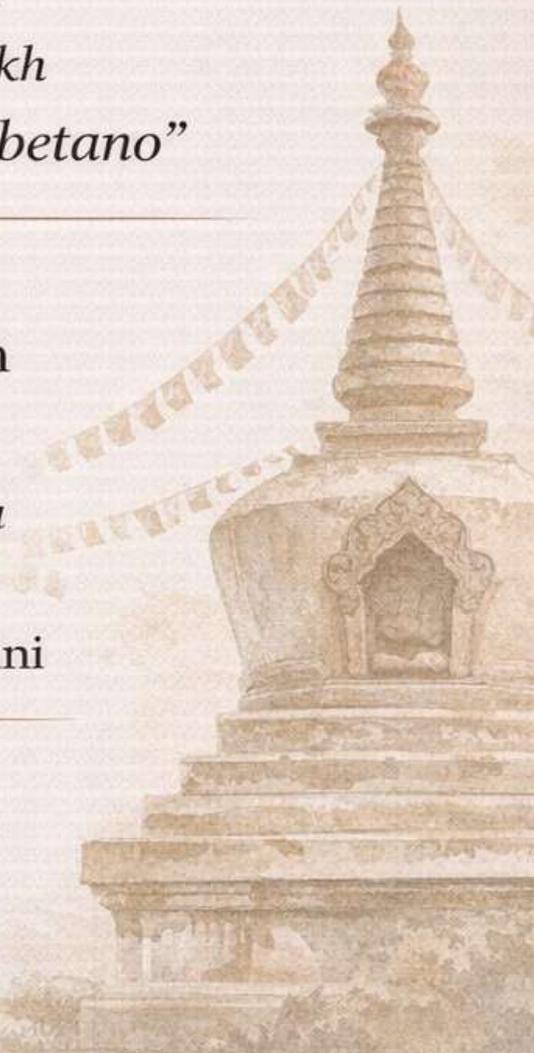
“Chiara Luce”

*Racconto di un viaggio tra
Scienza e Spiritualità*

di Bruno Neri e Letizia Renzini

24 Marzo 2026

Aula Magna Ulisse Dini
Scuola di Ingegneria





GESHE JAMYANG TASHI

(PhD in Buddhist Studies
Philosophy & Tantric Studies)



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About Me

I was born in 1973 in the small village of Takmo in Ladakh. My parents were farmers; my father, Wangail Tsering, and my mother, Tsering Diskith. From 1979 to 1982, I attended the village school in Thiksay Nyerchung. In 1982, I became a monk at Thiksay Monastery. Between 1982 and 1985, I studied at Thiksay Gonpo School, and in 1985, I enrolled at Sera Mahayana Monastic University. From 1986 to 1989, I attended Sera Jey School.

In 1990, I began studying Buddhist philosophy at Sera Jey Monastic University, and in 2010, I achieved the prestigious Geshe Lharampa degree (equivalent to a PhD) in Buddhist philosophy. In 2011, I joined Gyuto Tantric College in Dharamsala and earned a Doctorate in Tantric studies.

Between 2014 and 2017, I served as the Head of the Senior Secondary Board Examination Committee at Sera Jey Monastic University in Bylakuppe. During the Kalachakra event held by His Holiness the Dalai Lama in Ladakh in 2013, I served as the Disciplinarian for the teachings. In 2016, I became a spiritual teacher at Thiksay Yarchos Chenmo in Ladakh, and in 2018, I taught Logic and Dialectics at Mindrolling Monastic College in Dehradun.

From 2021 to the present, I have been the Director of the Thiksay Shesrap Skyadtsal Ling Library and Learning Center. In 2021, I was a speaker at the International Buddhist Conference organized by IBC, LBA, LGA, and IHCNBT at Thiksay Shesrap Skyadtsal Ling Library. In 2022, I served as a spiritual teacher and speaker, discussing the importance of secular ethics and moral education.

Education

- * Gyuto Tantric College - Doctorate in Tantric studies.
- * Sera Jey Monastic University - PhD in Buddhist Philosophy, extensive studies in the Five Great Subjects: Prajnaparamita, Madhyamika, Logic and Epistemology, Vinaya, and Abhidharma.
- * Sera Jey Secondary School.

Skills Summary

I am an expert in Logic, Buddhist Psychology, Philosophy, and meditative practices, with a pedagogical approach rooted in Buddhism. I have been teaching Secular Ethics for over 13 years, offering guidance to groups from India, Vietnam, Thailand, Malaysia, Spain, and Australia.

I have had the privilege of studying under some of the most revered Buddhist masters, including His Holiness the Dalai Lama, Ganden Tripa Lobsang Tenzin Rinpoche, Ganden Trizur Rizon Rinpoche, Gyumed Khenzur Ogyen Tseten, H.E. Choeden Rinpoche, Khenzur Jampa Theckchok, Khensur Rinpoche Losang Tsering, and Khensur Rinpoche Losang Palden, among others.

Awards and Accomplishments

- * Lharampa Geshe title (with highest honors) from Sera Jey Monastic University.
- * Ngarampa title (with highest honors) from Gyuto Tantric College.
- * Recognition from the All Ladakh Students Association Jammu (ALSAJ) for dedicated service and teachings.

Experience

For the past 13 years, I have had the honor of preaching to both laypeople and clergy. I am deeply grateful for the opportunity to serve the community in matters of religious importance, and I look forward to continuing this journey of service and spiritual growth.

Centro Interdipartimentale di Neuroscienze

Evento del 24/03/2026 ore 16.00 - Aula Mgna Ulisse Dini - Scuola di Ingegneria – Largo Lazzarino 1

Geshe Jamyang Tashi del Monastero di Thiksay nel Ladakh (India).

Il Relatore parlerà in Tibetano con traduzione in differita curata da un interprete professionale, Fabrizio Pallotti, lo stesso che ha sempre interpretato il Dalai Lama nel corso delle sue visite in Italia.

Titolo “Consciousness in Tibetan Buddhism”

Abstract: In Tibetan Buddhism, consciousness is understood as a continuum articulated in different levels of subtlety. The tradition distinguishes a gross level of mind, closely related to sensory perception and ordinary cognitive activity; a subtle level, which emerges as sensory and discursive functions gradually subside; and a very subtle or primordial level of mind, known as the Clear Light, regarded as the deepest and most fundamental dimension of consciousness. Through contemplative and meditative practices developed within the Tibetan monastic tradition, practitioners can progressively explore these different levels of mind, learning to recognize the nature of awareness beyond ordinary mental activity. This perspective also provides a key to understanding the process of death: according to Tibetan Buddhism, at the moment of dying consciousness gradually withdraws from the gross levels and reveals the most subtle dimension of mind, the Clear Light, which represents the deepest level of consciousness.